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Monroe County Community School Corporation

School Based Counseling Services

Request for Proposals

The Monroe County Community School Corporation (MCCSC) recognizes the social and emotional needs of students and believes that mental health support is critical for many children's success in school and life. According to the U.S. Department of Health and Human Services, one in five children and adolescents experience a mental health problem during their school years. Examples include stress, anxiety, bullying, family problems, depression, emotional disability, and alcohol and substance abuse. Serious mental health problems, such as self-injurious behaviors and suicide, are on the rise, particularly among youth. Unfortunately, estimates of up to 60% of students do not receive the treatment they need due to stigma and lack of access to services. Of those who do get help, nearly two thirds do so only in school.

Meeting the full continuum of student needs is also dependent on collaboration between schools and community mental health providers. Community providers may offer supplementary or intensive services that go beyond school capacities. A multitiered system of support (MTSS) approach facilitates effective collaboration while ensuring that services provided in school are appropriate to the learning context and needs of students.

MCCSC has developed partnerships in varying capacities with Catholic Charities, Adult and Child Health School Based Counseling, and Centerstone.

MCCSC would like to expand school based mental health counseling services to five additional school buildings.

Scope of Services:

MCCSC is seeking counseling services for five of our most high need elementary schools. This includes Highland Park, Grandview, Clear Creek, Binford, and Templeton. Our goal is to provide a full-time mental health therapist at each school. Services may include individual therapy, small group experiences, medication management, case management and skills development training. We also require a clearly defined protocol for emergency services for students in danger of hurting themselves or others who need screening or an evaluation. Finally, we would like mental health educational resources provided for staff professional development.

Expected Deliverables:

- Provide mental health services that are strength based
- Adhere to culturally responsive mental health care or best practices

- Provide a mechanism for delivering services to all prospective children regardless of income or insurance (no rejection policy)
- Crisis response and prevention
- Mental health supports for staff
- Follow trauma informed care principles
- Provide evidence based mental health services
- Communication and progress documentation with the school social worker or counselor, principal, assistant principal, MCCSC Director of Student Services, or other designees
- Communication and progress documentation for parents
- Aggregate relevant data on services provided including, but not limited to number of visits, hours, types of diagnosis, services provided
- Provide a plan for services to continue during school breaks
- Capacity to support five schools serving over 2,000 students.
- Other requirements agreed upon by MCCSC Schools and provider(s)

Descriptions of Qualifications:

All mental health providers are to be appropriately licensed by the State of Indiana and properly supervised by the employer. All providers will need to show proof of a criminal background check that is compliant with Indiana code and proof of professional liability insurance.

Describe how the agency will provide continuity of services by scheduling and retaining of therapists for at least a full school year given the importance of building positive working relationships with students over time.

Costs of Services:

Potential providers should provide a detailed overview of how services will be funded.

Contact Information:

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Timeline:

RFP Released: May 24, 2019

RFP Submission Deadline: June 7, 2019 by 5:00pm