

CHANGES FOR 2017-18

PARTIES, PARTY INVITATIONS, SNACKS, & TREATS

FOOD ITEMS WILL NOT BE PERMITTED FOR THE CLASS. This includes, but is not limited to; **birthdays, parties such as Halloween, holidays, Valentines, etc.** We know it's important to celebrate birthdays and holidays and a common practice among elementary students has been to share treats with classmates on or around their birthday and holidays. However, due to food allergies (Life Threatening) in many of the classrooms, **ALL TREATS that are to be shared MUST be NON-FOOD ITEMS** (check with teacher for prior approval-some examples: pencil, eraser, stickers, book, etc.). No Balloons are allowed! Also, do not send party invitations to school unless the entire class is invited. This helps prevent disappointing uninvited children.

SAFE AND HEALTHY SNACK

Snack options and/or an approved snack list may be obtained at the office or from the teacher – if allowed in class by the teacher.

Kids often need individual snacks to help them get enough calories (ENERGY) throughout the day. Choosing healthy snacks that add nutrients, like vitamins and minerals, to their diets is essential. Smart snacking is a great way to meet daily nutrient requirements that may be missed at meal times. Also, we have a responsibility to keep our kids with severe food allergies (life threatening) safe. Please avoid individual snacks that contain **peanuts or tree nuts, as well as their derivatives**. We cannot stress enough the **importance of reading labels** every time you purchase and pack a snack for your child.