

Dear parent or guardian,

**Your student was seen in the health office today for the following symptoms (circle symptoms):**

- Fever of 100.4 or chills
- Sore throat
- Cough or shortness of breath
- Diarrhea, nausea or vomiting, abdominal pain
- Headache
- New loss of taste or smell

Your student may return to school when symptoms are improving and the individual is fever-free for more than 24 hours.

According to the Indiana State Department of Health, <https://www.in.gov/isdh/28470.htm>, individuals who suspect a COVID-19 infection should:

- Get tested
- Isolate to protect others (stay home when sick)
- Rapidly notify their close contacts if they are positive – you may use this confidential website to notify those you feel are close contacts – [www.tellyourcontacts.org](http://www.tellyourcontacts.org)
- Seek healthcare if at higher risk

If you test your student, and the test is **negative** – your student should remain at home until their symptoms are improved and they are fever-free at least 24 hours, without the use of fever reducing medications such as Tylenol or Motrin.

If you test your student, and the test is **positive** –

- Individuals aged five (5) and up who test positive for COVID-19 should isolate for five (5) days from onset of symptoms or positive test if asymptomatic and may return on day six (6) if they have been fever-free for 24 hours without the use of medication so long as symptoms are improving. Individuals should wear a mask through day ten (10) or until an individual receives two sequential negative tests 48 hours apart.
- Individuals under five (5) years old who test positive for COVID-19 should isolate for seven (7) days from onset of symptoms or positive test if asymptomatic and may return on day eight (8) if they have been fever-free for 24 hours without the use of medication so long as symptoms are improving.
- A negative COVID test or doctor's note is no longer required to return to school.

**If your student tests positive for COVID-19, please IMMEDIATELY contact your student's school health office to receive your student's return to school date and to allow us to provide you additional assistance.** By immediately notifying MCCSC, we will notify exposures with other families and staff.

MCCSC encourages eligible individuals to get vaccinated. Vaccines can help prevent serious illness and death. To learn more about benefits of getting a COVID-19 vaccine, visit <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/vaccine-benefits.html>.