

General Wellness Daily Screening for Parents

Please check for signs of illness every morning before you send your child to school:



FEVER 100.4* OR CHILLS *or school board policy if threshold is lower



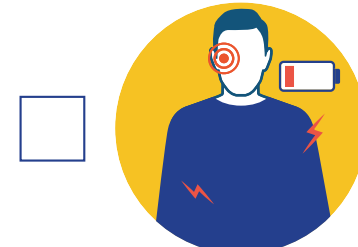
COUGH* OR SHORTNESS OF BREATH
*especially new onset, uncontrolled cough



DIARRHEA, NAUSEA OR VOMITING, ABDOMINAL PAIN



HEADACHE*
*particularly new onset of severe headache, especially with fever



NEW OR UNUSUAL:
- EXTREME FATIGUE
- MUSCLE/BODY ACHES
- SORE THROAT

**May present with more than one symptom. This list does not include all possible symptoms.*

Does your child have any sign of illness above?
You are encouraged to use this screening tool for all communicable illnesses.

If yes, consider their history. For example, does the child have a chronic health condition (allergies, asthma) that can mimic a viral illness? When in doubt, keep your student home until symptoms improve.

Was your child in close contact with anyone confirmed with COVID-19?

- If your student is ill, please do not send them to school. If you check any of these boxes, consider COVID-19 testing.
- Please keep your student home until they meet the criteria to return to school.
 - If positive for COVID-19, contact your students' home school health office, and isolate for at least 5 days and mask when around others
 - If negative, remain at home until 24 hours fever free and symptoms improving