

# BEHAVIOR MANAGEMENT RESOURCES

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## ANTECEDANTS

### FOCUS ON MODIFYING THE ENVIRONMENT

#### Classroom Management Guidelines

<http://flpbs.fmhi.usf.edu>

- Florida Positive Behavior Support- Click on Resources then Tier 1 to find school examples of: developing expectations and rules, developing a system for teaching appropriate behavior school wide, developing school wide rewards, developing effective responses/consequences to problem behavior.

<http://www.pbis.org>

- OSEP Positive Behavioral Interventions and Support- Click on school then look for the section entitled: Classroom Checklists, Effective Classroom Plan, and Environmental Inventory Checklist. It will include Top 17 Teaching Strategies, Classroom Checklist for Instruction, Classroom Management Checklist and Plan Form Environmental Inventory (To be rated 1-5). Look for the Classroom Management Checklist.

<http://state.rti4success.org>

- National Center on RTI. Click on Michigan, then scroll down to the second to last article “Evidence Based Practices in Classroom Management” and click. Find a power point presentation on classroom management, a self-assessment guide, and a checklist.

<http://iris.peabody.vanderbilt.edu>

- Vanderbilt University - The Iris Center (OSEP funded). Go to Resources, click on Classroom and Behavior Management. Go to Module for Behavior Management- Who’s in Charge? Developing a Comprehensive Behavior Management System

<http://www.behavioradvisor.com/>

- Hunter College, New York, Professor “Dr Mac”- A Checklist for teachers (to self assess behavior management skills), also “A Primer on Behavior Management”. You will be directed to a sign up sheet. Go to the bottom of this sheet and click on NOT, and you will be able to go on to the site.

[www.behaviordoctor.org](http://www.behaviordoctor.org)

- Developing Rules pg. 9, 10, 15; go to PIES book (Positive Interventions and Effectives Strategies).

## **Transitions, Line Ups, and Sponge Fillers**

<http://www.ccbd.net/>

- Council for Children with Behavior Disorders- On the left look under Community then go to Teacher Resources, then scroll down to transitions

[www.kidactivities.net](http://www.kidactivities.net)

- A fun site. Scroll down on the left to Transitions for over 70 ideas to get children's attention, improve transitions, line-ups, down time, and to have some fun.

## **Teacher Positive Attention**

<http://behavioradvisor.com/>

- How to Catch Kids Being Good (Teachers offer behavioral techniques/strategies for catching kids being good).
- Problems with catching kids being good  
You will be directed to a sign up sheet. Go to the bottom of this sheet and click on NOT, and you will be able to go on to the site.

[www.drjean.org](http://www.drjean.org)

- A fun site for young students. On the left scroll down to Activities/Activity of the month. Click on Free Printables, then Cheer Cards to download over 20 imaginative, colorful "cheer cards" for cheering on young children.

[www.behaviordoctor.org](http://www.behaviordoctor.org)

- At the top click on forms and tools. Scroll down to "Killer Job" and "Good Job Cards" to download onto bright colored paper (Teacher Andrew Lanz keeps them in his pocket to hand out and gives a few to kids to hand out too).

## **Teacher Communication** (Preventing or Neutralizing Defiance)

<http://www.interventioncentral.org>

- School Psychologist Jim Wright developed this site. Working With Defiant Kids: Communication Tools for Teachers (active listening, I centered statements, conflict pitfalls, proactive steps);
- Dodging the Power-Struggle Trap: Ideas for Teachers (disengaging, interrupting tactics, de-escalating)
- Effective Teacher Commands (tone, use directives, brief, simple)

[www.google.com](http://www.google.com)

- Write in LRBI Guidelines. Then click on the website that starts with wiki.updc.. Click on LRBI Guidelines for Utah. Go to page 56 (A-18)- Precision Commands (first effective command, second using signal words, implement preplanned unpleasant consequence, restate the second command, potential problems and solutions)

[www.lehigh.edu/projectreach](http://www.lehigh.edu/projectreach) (go to Strategies for teachers)

- Lehigh University, Center for Promoting Research to Practice. Behavioral Momentum (ask three things they will want to do before the one they don't want to do). Implementation guidelines, examples are provided as well as trouble shooting and fading considerations.

<http://www.usu.edu/teachall//text/behavior/LRBIpdfs/BehavMoment.pdf>

- Behavior Momentum (see above for definition). A 5-page guide includes a definition of behavior momentum, a systematic checklist, examples, and variations of the strategy, trouble shooting ideas, needed materials, and references.

[www.loveandlogic.com](http://www.loveandlogic.com) – go to parents, free resources then articles for children all ages

- Turn Your Words into Gold (effective vs. ineffective commands)
- Two Ways to Neutralize Childhood Arguing
- One Liners
- Empathic Response
- Guidelines for sharing control through choices

<http://behavioradvisor.com/>

- Phrasing comments to increase chances of compliance and self discipline. You will be directed to a sign up sheet. Go to the bottom of this sheet and click on NOT, and you will be able to go on to the site.

## **Teacher Pre-correction**

<http://www.ccbd.net/>

- On the left look under Community then go to teacher resources, then teacher pre-correction to prevent misbehavior and academic failure (article culminating in table with 7 steps to implement pre-correction in a comprehensive manner).

## **Teacher Conferencing** (Relationship building, problem solving)

<http://www.behavioradvisor.com/>

- Go Interventions then Classroom Conferencing (meet soon after a situation, review situation, active listening, make a plan). You will be directed to a sign up sheet. Go to the bottom of this sheet and click on NOT, and you will be able to go on to the site.

<http://www.interventioncentral.org>

- Click Behavior Interventions, then look for the heading “Challenging Behaviors” Scroll down to Talk Ticket (copy “Talk Ticket form, introduce intervention, write out ticket with time and location, allow student to redeem ticket, decide to use reflective planner form)

### **Strategies to Prevent Escape Related Behavior** (Running, hiding, avoidance)

<http://www.specialconnections.ku.edu/>

- University of Kansas (based primarily upon What Works Clearinghouse). Antecedent strategies- strategies to modify academic content, incorporate student interests, change task difficulty, task length, increase choice. Click on the Behavior Puzzle then Teacher Tools, then scroll down past FBA and Positive Behavior support Planning. Go to Positive Behavior Support Interventions, then click on “What are Antecedent Interventions? Read about types of antecedent interventions to consider (many for escape related behavior). Find a form at the bottom to use for help with identifying antecedent interventions ANTECEDANT BRAINSTORMING LIST.

<http://www.lehigh.edu/projectreach/>

- On the home page click on Strategies for Teachers. Chose a strategy including behavior momentum, task interspersel, preferred choice and self management. Click on a strategy. Handouts include tips for: implementation (step by step), troubleshooting, examples, and a glossary for each of the strategies.

<http://interventioncentral.org/htmdocs/interventions/genAcademic/spark.php>

- Building Student Motivation- This intervention includes numerous tips for increasing student motivation. Interventions are divided into 5 parts including: 1) factors in the Learning Environment; 2) increasing Classroom Community; 3) engaging students in interesting Academic Activities; 4) accommodating Learning Challenges; and 5) arranging or emphasizing Outcomes/Pay-Offs for Learning.

### **Physical Environment**

<http://www.usu.edu/teachall/text/behavior/LRBI.htm>

- Environmental Engineering (changing the physical setting) text and video

# **B**EHAVIOR

## FOCUS ON TEACHING THE CHILD

### Teaching Social Skills

<http://www.lehigh.edu/projectreach/>

- On the home page click on Strategies for Teachers. Look to the right and click on Social skills. Implementation tips, troubleshooting, and examples are provided. Implementation includes assessment considerations in selecting specific skills, determining the type of social skill deficit, interfering problem behaviors, selection of an appropriate strategy, and specific steps for promoting skill acquisition.

<http://www.ecu.edu/cs-cas/psyc/rileytillmant/Sit-and-Watch-Intervention-Brief.cfm>

- Sit and Watch classmates model appropriate social skills. This is East Carolina University's Evidence Based Intervention (EBI) Network. Go to EBI's on the right scroll down to behavior interventions, and then scroll down to Sit and Watch. Click on Video 1 or 2 to watch the intervention modeled.

<http://www.usu.edu/teachall//text/behavior/LRBI.htm>

- At the very bottom click on "behavior management" and then "Programs and Interventions" and then go to "When a Child Misbehaves" for mini remedial lessons on teasing, sharing, hitting, interrupting, jabbering, arguing, getting into everything, swearing, throwing tantrums, pouting and sulking, swearing and interrupting.

[www.google.com](http://www.google.com)

- Google- Promising Practices in Designing and Using Behavioral Interventions and Minnesota. Go to pg. 35-Scr down until you see; Select and teach replacement behavior, Guidelines for teaching replacement behavior, Strategies for teaching replacement behavior

[www.disciplinehelp.com/](http://www.disciplinehelp.com/)

- Click on Misbehaviors at School. Top left click on View All Behaviors. 117 different misbehaviors are described from A to Z (i.e. the Agitator, the Alibier, the Angel, the Angry...) Then consider the Definition, Effects of the Misbehavior, Action to Take, Mistakes to Avoid for that particular misbehavior.

[www.vanderbilt.edu/csefel/](http://www.vanderbilt.edu/csefel/)

- CSEFEL Center on the Social and Emotional Foundations for Early Learning. Scripted Stories with visuals for Social Situations ( I Can Use My Words, I Can Be A Super Friend, I Can Stay Safe, Tucker Turtle Takes Time to Think), Tools for Building Relationships: Positive Attention Data Sheet and Starters for Giving Positive Feedback and Encouragement. Graphics to download including:

Teaching Social Emotional Skills (Super Friend Award, Emotion Faces, Feeling Chart, The Turtle Technique, Anger Thermometer, Problem Solving Cards)

## Teaching Self Management/Regulation

<http://behavioradvisor.com/>

- Here you will find recommendations for self monitoring for individuals, groups, or a class. When you find Dr. Mac's Behavior Management Site, click where it says, "Click here for hundreds of interventions...." Scroll down to The Applied Behavior Analysis Model, then Self Monitoring.

<http://www.pb5th.com/selfmoni.shtml>

- Recommendations for class wide self monitoring

<http://www.specialconnections.ku.edu/>

- Click on the Behavior Puzzle then Teacher Tools, then scroll down past FBA to Positive Behavior Support Planning. Find Teaching Self Management Skills at the bottom.

[www.unl.edu/csi/](http://www.unl.edu/csi/)

- University of Nebraska Lincoln. Under Cognitive Strategy Instruction on the left click on Self Regulation. Information is provided regarding the who, what, and why of research and best practices in self management.

<http://www.lehigh.edu/projectreach/>

- On the home page click on Strategies for Teachers. Chose self management. Click handouts which include tips for: implementation (step by step), considerations, troubleshooting and examples. Click on Research for a summary of research regarding the effectiveness of self management as an intervention.

[www.ojjdp.ncjrs.gov/mpg/progTypescognitivePrev.aspx](http://www.ojjdp.ncjrs.gov/mpg/progTypescognitivePrev.aspx)

The Office of Juvenile Justice presents research and references regarding the effectiveness of cognitive-behavioral strategies. After a research review links are provided to model programs

<http://flpbs.fmhi.usf.edu>

- Resources then Tier 2. The Behavior Education Program. Describes essential components of a successful Check in and Check out program including permission forms, description of the program, activities, forms for implementation, progress monitoring.

# CONSEQUENCES

## FOCUS ON REINFORCING BEHAVIOR YOU WANT TO STRENGTHEN

### Positive Reinforcement Reward Ideas

[www.behaviordoctor.org](http://www.behaviordoctor.org)

- Go to Forms and Tools, then look under Positive Interventions and Effective Strategies, scroll down to the bottom and click where it says “Free rewards for Students- 100 for elementary, 60 for secondary and 35 for adults. Also Free rewards for adults to use at home, Free rewards for PBIS teams to use with adults in the building. Also take a look at the Gotcha Reward Menu

[www.kidactivities.net](http://www.kidactivities.net)

- 1,000 fun positive activities to make everyone happier

<http://flpbs.fmhi.usf.edu>

- Go to Resources, then Universal Tier 1, then School Examples, then Rewards-Incentives. See tickets and certificates and forms used to catch kids being appropriate in the classroom and other school settings. Examples are from schools across Florida

### Individualizing Rewards Using a Survey

<http://www.interventioncentral.org>

- To the right under tools, go to Jackpot Reinforcement Survey. Here you will find a menu of reinforcements to be individualized.

### Positive Reinforcement (Using group or individual contingencies)

[www.behaviordoctor.org](http://www.behaviordoctor.org)

- Go to Forms and Tools, and then look at the menu at the right. Click on the Positive Interventions & Effective Strategies (PIES) workbook. Scroll to page 16, 17 for fun Classroom Group contingencies.

<http://www.specialconnections.ku.edu/>

- Either type in Positive Reinforcement in the “search site” box or go to the puzzle for Behavior, then click on Tools and scroll down to Positive Reinforcement. Scroll down past the description of Different Types of Group Reinforcement. Go to “Tools of the Trade” for descriptive and visual examples of: Chart Moves, Use of Puzzles for Reinforcement, Punch Cards, Coupons, Mystery Motivator, and “Fun Graphic” ideas for setting up group or class contingencies.

[www.usu.edu/teachall/text/behavior/LRBIpdfs/Positive.pdf](http://www.usu.edu/teachall/text/behavior/LRBIpdfs/Positive.pdf)

- A checklist for Positive Reinforcement includes step by step directions for defining a behavior, using recommendations for using effective praise, types of reinforcers to consider, and pros and cons of various types of schedules of reinforcement.

[www.specialconnections.ku.edu](http://www.specialconnections.ku.edu)

- Find the puzzle that says Behavior Plans, then click on Case Studies. Find Positive Behavior Support Planning. Then look for: Woody to the rescue: Decreasing temper tantrums in students with autism through special interests and positive reinforcement. Go to scene 5, click at the bottom to see Joey's Penny Board.

## **Positive Reinforcement Using Peer Attention**

[www.eric.ed.gov](http://www.eric.ed.gov)

- Positive Peer Reports- type in basic search "tootling" to find 3 journal articles regarding the positive effects of positive peer reports.

<http://www.ecu.edu/cs-cas/psyc/rileytillmant/Positive-Peer-Reporting-Intervention-Brief.cfm>

- Positive Peer Reporting. This is East Carolina University's Evidence Based Intervention Network. Go to EBI's on the right scroll down to behavior interventions, and then scroll down to Positive Peer Reporting. Click on Video 1 or 2 to watch the intervention modeled.

<http://www.interventioncentral.org>

- Click Behavioral Resources on top, and then look to the right under school/class management. Find Positive Peer Reports: Changing Negative Behaviors by Rewarding Student Compliments

<http://behavioradvisor.com/>

- Promoting a Climate of Positive Peer Pressure (Dr. Mac gives 5 easy to implement ways increase the appropriate behavior of the class using peer pressure.)  
When you find this site, you will be directed to a sign up sheet. Go to the bottom of this sheet and click on NOT, and you will be able to go on to the site.

<http://www.specialconnections.ku.edu/>

- Click on the puzzle with Behavior Plans in the middle, then click Classrooms and Group Support, scroll down to Peer Assisted Interventions

<http://www.ccbd.net/>

- Go to Community on the right then Teacher Resources. Go to Peer tutoring Applications for students with Emotional Behavior Disorders



## Positive Reinforcement Using Peer Competition

<http://www.interventioncentral.org>

- Click Behavioral Resources on top, and then look to the right under school/classroom management. Find The Good Behavior Game.

## Positive Reinforcement Tutorial/Game (To clarify positive reinforcement)

<http://psych.athabascau.ca>

- Click on Learning Resources on the left, then Sample Tutorials, then Positive Reinforcement, practice exercises

<http://iris.peabody.vanderbilt.edu/resources.html>

- The Behavior Game (Flash Game)- Go to Resources then Behavior and Classroom Management, then Activities, scroll down to the bottom and play this game

## Contingency Contracting With an Individual

<http://flpbs.fmhi.usf.edu>

- Go to Resources, then Tier 1 Universal PBS, Then Consequences, School Examples, then scroll down to Ten Basic Rules of Contingency Contracting

[www.behavioradvisor.com](http://www.behavioradvisor.com)

- Go to Interventions, then Applied Behavior Analysis Model and Interventions, then Contracts- Examples and How to Use Contracting

[www.interventioncentral.org](http://www.interventioncentral.org)

- Go to Intervention Ideas, then Behavior Interventions, then Behavior Contract

## Preplanning Mild Negative Consequences

<http://flpbs.fmhi.usf.edu>

- Go to Resources, then Universal Tier 1, then School Examples, then Consequences-Response to Problem Behavior. View charts of problems and related consequences from across the state.

# End of ABC Section

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# MISCELLANEOUS

## Some Fun Charts

<http://www.dltk-cards.com/>

Free chore charts, custom awards, certificates, coupons, treat bags and more.

[www.chorecharts.com](http://www.chorecharts.com)

(Over 50 charts with images)

## AD/HD Interventions

[www.addinschool.com](http://www.addinschool.com)

- Elementary and Secondary Interventions that range from classroom set-up, how to present a lesson, how to use worksheets or give tests, dealing with impulsive behavior, improving social skills, and increasing time on task

## Anger

[www.angriesout.com](http://www.angriesout.com)

- Click on kids for 7 to 10 minute interactive activities or scroll down to the part for Techniques for Teachers.

## Autism Spectrum

### **Social Stories**

[www.ccsd.edu/LittleTor.cfm?subpage=1804](http://www.ccsd.edu/LittleTor.cfm?subpage=1804)

- Click on “Psychologist;” and then on “Social Stories.” A list of already made social stories for various situations (e.g., being first, lunchtime, saying hello, I am mad, proximity when talking, Halloween, etc.)

### **Feelings/Facial Expressions** (Games/activities to teach non-verbal communication)

[www.dotolearn.com](http://www.dotolearn.com)

- Go to Songs and Games, then Emotions Chose Facial Expressions. This game allows players to experiment with different effects of moving separate facial parts. It teaches how a face conveys emotion. Chose Feelings Game. Click on a face to answer questions such as “Who is surprised?” 4 graduated lessons for learning about facial expressions and emotions.

[www.btplc.com](http://www.btplc.com)

- Click on Responsible Business, then Supporting our Communities, then Learning and Skills. Go to Free Resources, then Games for kids, go to pg. 2, then Making Faces. Making Faces is a fun activity to explore the relationship between facial expressions and emotions. The game involves selecting the right eyes, eyebrows, and mouth to match a given emotion.

## Visual Strategies

<http://school.discovery.com/clipart/>

<http://do2learn.org/picturecards/printcards/index.htm>

[Slatersoftware.com](http://Slatersoftware.com)

- Go to free then free search or free samples to match pictures to your words.

<http://www.challengingbehavior.org>

- University of South Florida, Technical Assistance Center on Social Emotional Intervention. Towards the bottom of the page, look for quick links then Teacher Toolkit. Pre-K/Kindergarten (Tool Box Tip Cards in the User's Manual- to enhance communication with young children demonstrating challenging behavior). This site also includes visual display tools and strategies for teaching feelings

## Sample Behavior Plans

[www.specialconnections.ku.edu](http://www.specialconnections.ku.edu)

- Go to Positive Behavior Supports then Case studies then Joey's emotion cWoody to the Rescue: Decreasing Temper Tantrums in Students with Autism through special interests. Check out the Artifacts.

<http://www.positivelyautism.com/links.html>

## Bullying

[www.mentalhealth.samhsa.gov/15plus](http://www.mentalhealth.samhsa.gov/15plus)

- Provides links to tools, tips, resources and more for caregivers, educators, counselors. Links for interactive games and resources for children as well. Links include [Stop Bullying Now](#) which is an initiative of the US Department of Health and Human Services and [Medline Plus: Bullying](#) which includes policy/research reports from federal agencies.

[www.pacerkidsagainstbullying.org](http://www.pacerkidsagainstbullying.org)

<http://www.pbis.org>

- Look for the 52 page Bullying Packet (one for elementary and one for middle school) which includes a curriculum to prevent and address bullying across the school day. Authors include Robert Horner, Scott Ross and Bruce Stiller