



May 4, 2020

IHSAA Guidance Regarding Pre-Participation Physical Examinations and Consent Forms for the 2020-21 School Year

Due to the COVID-19 pandemic during the 2019-20 school year and the continued stress on the medical community, the Indiana High School Athletic Association, Inc. will waive the provisions of Rule 3-10 for the 2020-21 school year. Effective immediately, valid physical and consent forms presented to member schools on behalf of eligible students during the 2019-20 school year shall be valid during the upcoming 2020-21 school year.

Transfer students moving from one member school to another member school must provide a copy of their valid 2019-2020 Pre-Participation Physical and Consent Form to the Receiving School in order to be eligible under Rule 3-8. Incoming ninth grade students with a valid IHSAA Pre-Participation Physical and Consent Form completed and signed after April 1, 2019 will also be eligible to compete during the 2020-2021 athletic season.

Any athlete not having a valid IHSAA pre-participation examination physical form on file from the 2019-2020 scholastic year is required to have a valid Pre-Participation Physical and Consent Form completed prior to eligibility and competition. This includes any student-athlete coming from an out-ofState school to an IHSAA member school or any student who did not participate in sports during the 2019-2020 school year. The student must have a valid PreParticipation Physical and Consent Form completed on the official IHSAA form prior to eligibility.

Finally, if available and desired by the student, parent or member school, a new Pre-Participation Physical and Consent Form on the most current IHSAA document dated after April 1, 2020 is most acceptable and welcomed.

If you have questions concerning this guidance, please contact our office at your convenience.

About the Indiana High School Athletic Association, Inc. (IHSAA)

The IHSAA is a voluntary, not-for-profit organization that is self-supporting without the use of tax monies. Since its founding in 1903, the Association's mission has been to provide wholesome, educational athletics for the secondary schools of Indiana. Its 412 member high schools - public, institutional, parochial and private - pay no annual membership fee or incur entry fees to play in the Association's tournaments. A state tournament series is conducted annually in 22 sports, 10 for girls, 10 for boys and two co-ed (unified flag football and unified track and field). A 19-person board of directors, elected by member school principals, governs the organization.