



MONROE COUNTY
COMMUNITY SCHOOL CORPORATION
ENGAGE. EMPOWER. EDUCATE.



2020-21 MCCSC / IHSAA PHASED ATHLETIC RETURN TO PLAY PLAN (Revised 7/08/20 at 10:35am)

	Phase I			Phase II - July 20th - August 14th		Phase III
	July 6th - July 19th			July 20th - August 2nd	August 3rd - August 14th	August 15th
				(Normal Summer Rules)	(Winter/Spring Sports-Conditioning Only)	
Athlete Participation	All Summer Activities are Voluntary. High School Participants Only.			All Summer Activities are Voluntary. High School Participants Only. Girls Golf Official Practice Begins July 31st. Middle School Practices Can Begin at Middle Schools.	Girls Golf Official Contest Season Begins Aug. 3rd. Remaining Fall Sport Practices Begin Aug. 3rd. Normal IHSAA Rules and Regulations	FALL SPORTS COMPETITIONS BEGIN
Athlete Time Restrictions	15 Total Hours on Campus/Week			No Time Restrictions	No Time Restrictions	No Time Restrictions
Athlete Conditioning Restrictions	4 Conditioning Sessions/Week. Athlete can attend 1 Two-Hour Session/Day. No Sunday Participation			Normal IHSAA Summer Rules and Guidelines. No practice Day or Time Restrictions. Sunday Participation Allowed	Normal IHSAA Rules and Guidelines for Fall Sports. No Sunday Participation Allowed. Winter/Spring Sports-Conditioning Only.	Normal IHSAA Rules and Guidelines for Fall Sports. No Sunday Participation Allowed. Winter/Spring Sports-Conditioning Only
Athlete Activity Day Restrictions	2 Activity Days/Week per sport - Three Hours per session - Same Sport may NOT occur on consecutive calendar days. No Sunday Participation			Normal IHSAA Summer Rules and Guidelines. No practice Day or Time Restriction. Sunday Participation Allowed	No Day Restrictions. No Sunday Participation Allowed. Winter/Spring Sports-Conditioning Only	No Day Restrictions. No Sunday Participation Allowed. Winter/Spring Sports-Conditioning Only
School Facilities	Open to Essential Personnel and Participants Only			Open to Essential Personnel and Participants Only	Open to Essential Personnel and Participants Only	OPEN
Social Distancing	Encouraged			Encouraged	Encouraged	Encouraged
Face Coverings	Required during all non-strenuous activity and must be worn into and out of the school building.			Required during all non-strenuous activity and must be worn into and out of the school building.	Required during all non-strenuous activity and must be worn into and out of the school building.	Required during all non-strenuous activity and must be worn into and out of the school building.
People allowed to be in attendance	Essential Personnel ONLY - No Parents/Siblings, Spectators, Coaches Family, Youth, etc)			Essential Personnel ONLY - No Parents/Siblings, Spectators, Coaches Family, Youth, etc)	Essential Personnel ONLY - No Parents/Siblings, Spectators, Coaches Family, Youth, etc). Girls Golf can have spectators social distanced	Spectators, media, and vendors can be present but should implement social distancing.
Alternate Command Structure	Command Structure for Coaching Staff should be established in case of illness.			Command Structure for Coaching Staff should be established in case of illness.	Command Structure for Coaching Staff should be established in case of illness.	Command Structure for Coaching Staff should be established in case of illness.
2020-21 Athletic Physical Status	All athletes must have a valid 2020-21 IHSAA Physical on file or a valid 2019-20 IHSAA Physical and the IHSAA Health History Update Questionnaire and Consent/ Release Certificate on file. If an athlete answers yes to having sustained a concussion, been unconscious or lost memory from a blow to the head, a new physical is required.			All athletes must have a valid 2020-21 IHSAA Physical on file or a valid 2019-20 IHSAA Physical and the IHSAA Health History Update Questionnaire and Consent/ Release Certificate on file. If an athlete answers yes to having sustained a concussion, been unconscious or lost memory from a blow to the head, a new physical is required.	All athletes must have a valid 2020-21 IHSAA Physical on file or a valid 2019-20 IHSAA Physical and the IHSAA Health History Update Questionnaire and Consent/ Release Certificate on file. If an athlete answers yes to having sustained a concussion, been unconscious or lost memory from a blow to the head, a new physical is required.	All athletes must have a valid 2020-21 IHSAA Physical on file or a valid 2019-20 IHSAA Physical and the IHSAA Health History Update Questionnaire and Consent/ Release Certificate on file. If an athlete answers yes to having sustained a concussion, been unconscious or lost memory from a blow to the head, a new physical is required.
Youth Camps/Clinics	Prohibited			Prohibited	Prohibited	Prohibited
Outside Group Facility Use	Prohibited			Prohibited	Prohibited	Prohibited
Symptom Assessment	Self Assessment before arrival. Verbal check by coaches to team before each practice.			Self Assessment before arrival. Verbal check by coaches to team before each practice.	Self Assessment before arrival. Verbal check by coaches to team before each practice.	Self Assessment before arrival. Verbal check by coaches to team before each practice.
Gathering Sizes	Decreased as much as possible to reduce risk - 50% Capacity in large areas (weight rooms, wrestling rooms, etc...			Decreased as much as possible to reduce risk - 50% Capacity in large areas (weight rooms, wrestling rooms, etc...	Decreased as much as possible to reduce risk - 50% Capacity in large areas (weight rooms, wrestling rooms, etc...	Decreased as much as possible to reduce risk - Larger than 50% Capacity in large areas is allowed if you must.
Hydration Stations	No use of shared Hydration Stations - Athletes Must Bring Personal Water Bottles only!			No use of shared Hydration Stations - Athletes Must Bring Personal Water Bottles only!	No use of shared Hydration Stations - Athletes Must Bring Personal Water Bottles only!	No use of shared Hydration Stations - Athletes Must Bring Personal Water Bottles only!
Competition	NO COMPETITION WITH OTHER SCHOOLS			NO FORMAL COMPETITION (Formal Competition is considered an in-season contest.) Summer Scrimmages/Games allowed.	NO FORMAL COMPETITION - Exception Girls Golf. (Formal Competition is considered an in-season contest.)	FORMAL COMPETITION BEGINS

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		(Normal Summer)	(Winter/Spring Sports-Conditioning Only)	
Attendance	COVID-19 Attendance must be taken.	COVID-19 Attendance must be taken.	COVID-19 Attendance must be taken.	COVID-19 Attendance must be taken.
COVID-19 SYMPTOMS	Any person with symptoms is referred to his or her primary care provider and not allowed to participate.	Any person with symptoms is referred to his or her primary care provider and not allowed to participate.	Any person with symptoms is referred to his or her primary care provider and not allowed to participate.	Any person with symptoms is referred to his or her primary care provider and not allowed to participate.
Locker Rooms	NO LOCKER ROOM USE - athletes should report in proper gear and return home to shower at the conclusion.	Locker Rooms are OPEN - Practice Social Distancing when possible. If locker rooms or meeting rooms are used, 50 percent capacity is recommended.	Locker Rooms are OPEN - Practice Social Distancing when possible. If locker rooms or meeting rooms are used, 50 percent capacity is recommended.	Locker Rooms are OPEN - Practice Social Distancing when possible. If locker rooms or meeting rooms are used, 50 percent capacity is recommended. *If the restriction to 50 percent capacity at competitive events creates a hardship and impacts the hygiene or safety of students, a 50 percent or greater capacity is allowed.
Contact Sports (Football)	NO CONTACT	CONTACT IS ALLOWED - As defined by Indiana High School Athletic Association	CONTACT IS ALLOWED - As defined by Indiana High School Athletic Association	CONTACT IS ALLOWED - As defined by Indiana High School Athletic Association
Equipment	If equipment must be shared, this equipment should be cleaned prior to use and immediately following usage.	If equipment must be shared, this equipment should be cleaned prior to use and immediately following usage.	If equipment must be shared, this equipment should be cleaned prior to use and immediately following usage.	If equipment must be shared, this equipment should be cleaned prior to use and immediately following usage.
Student-Athlete Responsibility	Students are expected to shower at home, wash workout clothing immediately after, wash hands for a minimum of 20 seconds.	Students are expected to shower at home, wash workout clothing immediately after, wash hands for a minimum of 20 seconds.	Students are expected to shower at school or home, wash workout clothing immediately after, wash hands for a minimum of 20 seconds.	Students are expected to shower at school or home, wash workout clothing immediately after, wash hands for a minimum of 20 seconds.
Coach Responsibility	No Physical Contact with Athletes	No Physical Contact with Athletes	No Physical Contact with Athletes	No Physical Contact with Athletes
Weightlifting	No Excercises requiring a spotter can be conducted.	Free weight excercises requiring a spotter CAN be conducted.	Free weight excercises requiring a spotter CAN be conducted.	Free weight excercises requiring a spotter CAN be conducted.
Celebratory/Sportsmanship Acts involving Contact	PROHIBITED	PROHIBITED	PROHIBITED	MODIFIED SPORTSMANSHIP PRACTICES SHOULD BE OBSERVED
Transportation	TRANSPORTATION PROHIBITED	NO BUSES PROVIDED BY MCCSC. PARENTAL TRANSPORTATION ONLY	MCCSC BUSES PROVIDED FOR CONTESTS/SCRIMMAGES	MCCSC BUSES PROVIDED FOR CONTESTS/SCRIMMAGES
Overnight Trips	OVERNIGHT TRIPS PROHIBITED	OVERNIGHT TRIPS PROHIBITED	OVERNIGHT TRIPS-To Be Determined	OVERNIGHT TRIPS-To Be Determined
Facility Maintenance	Cleaning Schedules should be created and implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.	Cleaning Schedules should be created and implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.	Cleaning Schedules should be created and implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.	Cleaning Schedules should be created and implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.
Individual Athlete Gear and Equipment	NO SHARING OF CLOTHING, SHOES, TOWELS, WATER BOTTLES, ETC...	NO SHARING OF CLOTHING, SHOES, TOWELS, WATER BOTTLES, ETC...	NO SHARING OF CLOTHING, SHOES, TOWELS, WATER BOTTLES, ETC...	NO SHARING OF CLOTHING, SHOES, TOWELS, WATER BOTTLES, ETC...
Appropriate Clothing	All Athletes should wear appropriate clothing, shoes, etc... at all times! Shirts are required at ALL times. Use of jerseys or pinnies must be specific to individual and washed daily by the coach.	All Athletes should wear appropriate clothing, shoes, etc... at all times! Shirts are required at ALL times. Practice Jerseys can be issued to individual athletes.	All Athletes should wear appropriate clothing, shoes, etc... at all times! Shirts are required at ALL times.	All Athletes should wear appropriate clothing, shoes, etc... at all times! Shirts are required at ALL times.