

## RESOURCES (CLICK LINKS TO ACCESS INFORMATION)

### CONTACT INFORMATION

#### [Grade Level Administrators & Counselors](#)

9th grade-Mr. Debro & Mr. Chaffin

10th grade-Mrs. McAdams & Mrs. Stratton

11th grade-Mr. Hudson & Ms. Clarke

12th grade-Dr. Irwin & Mrs. Rillo

Department Chair-Mrs. Speer

Graduation Coach-Mrs. Humbard

Social Worker-Mrs. Autry

[Sign up to connect with a Counselor or Social Worker](#)

---

### COVID-19 RESOURCES

[Regional COVID-19 RESOURCES \(from IU Center of Rural Engagement\)](#)

[TIPS FOR PARENTS \(from Nebraska School Counselors Association\)](#)

### SELF CARE & SUPPORT RESOURCES

[Stress & Self Care resource from the IDOE](#)

[CDC Handwashing](#)

[CDC Mental Health Recommendations](#)

[UNICEF: How Teenagers can protect their mental health during Coronavirus](#)

*Relaxation Apps recommended by IDOE (free):*

[Stop Breathe Think](#)

[Gravitarium](#)

[MCCSC Student Services](#)

CRISIS TEXT LINE→ Text "Start" to 741-741

---

## ACADEMIC INFORMATION

[MCCSC Contingency Learning Page](#)  
[Graduation Pathways](#)  
[Course Guide with Graduation Requirements](#)  
[ASK ROSE \(tutoring help\)](#)

---

## COLLEGE INFORMATION

[Request a Transcript](#)  
[Scholarship Information](#)  
[FAFSA \(check upcoming deadlines for your college or your pathway\)](#)  
[INvest ED \(free one to one help filing FAFSA & discussing financial aid options\) 317-715-9007](#)  
[21st Century Scholars & Scholar Track \(update: SAT/ACT requirement waived for 21st Century Scholars Class of 2020 for scholarship. FAFSA deadline April 15, 2020\)](#)  
[College Board Updates \(SAT/AP\)](#)  
[NCAA Eligibility Center](#)

---

## CAREER & COLLEGE EXPLORATION

[Naviance \(log on using your Clever Account\)](#)  
[Learn More Indiana \(a resource from Indiana Commission for Higher Ed\)](#)  
[Learn More Indiana \(blog post updated weekly\)](#)  
[Indiana Upland Careers](#)

*Building and Construction Trades Apprenticeship Programs*

[Painters and Allied Trades Finishing Trades Institute \(Links to an external site.\)](#)  
[Ironworkers \(Links to an external site.\)](#)  
[Boilermakers National Joint Apprenticeship Program \(Links to an external site.\)](#)  
[Electrical Workers/National Electrical Contractors Association](#)  
[National Joint Apprenticeship Council \(Links to an external site.\)](#)  
[Bricklayers Masonry Institute \(Links to an external site.\)](#)  
[Elevator Constructors National Elevator Industry Educational Program \(Links to an external site.\)](#)  
[Plasterers and Cement Masons \(Links to an external site.\)](#)

[The Sheet Metal Workers International Training Institute](#)(Links to an external site.)

[Plumbers and Pipe Fitters](#)(Links to an external site.)

[United Union of Roofers and Waterproofers](#)(Links to an external site.)

[Operating Engineers](#) (Links to an external site.)

### *Manufacturing Training and Apprenticeship Programs*

[Machinists \(IAM\) Apprenticeship](#) (Links to an external site.)

*UAW Apprenticeships*

- [Ford-UAW Apprenticeship Program](#)
- [\(Links to an external site.\)](#)
- [UAW-Chrysler Apprentice Program](#)
- [\(Links to an external site.\)](#)
- [UAW-GM Center for Human Resources](#)
- [\(Links to an external site.\)](#)

[UNITEHERE! Local 11 Hospitality Training Academy](#)(Links to an external site.)

[USW Apprenticeship](#) (Links to an external site)

### *INDIANA RESOURCES*

[Indiana Upland Careers](#) (from ROI)

[The Labor Institute for Training \(LIFT\)](#)(Links to an external site.)

[Indiana Department of Workforce Development \(DWD\)](#)(Links to an external site.)

[The Indiana Plan](#)(Links to an external site.)

[Indiana Youth Institute](#)(Links to an external site.)

[Indiana Commission for Women](#)(Links to an external site.)

[Indiana Department of Labor](#)

---