



Health Services

## **Supply Requirements for Insulin Dependent Diabetics in MCCSC Health Offices**

**\*\*\* For student safety related to Lock Downs, Natural Disasters, evacuations, etc. that may cause students to be unable to access the health office for extended periods of time, it is required that ALL students with Diabetes carry diabetes supplies with them at ALL times (please consult school health office for assistance with this related to your child's school policies). This bag will include:**

- **Fast acting carb snack (ie. Cake icing, glucose gel, glucagon tabs, skittles, starburst)**
- **Long acting carb snack (ie. crackers, graham crackers, pretzels)**
- **Glucometer**
- **Test strips**
- **Lancet device with lancets**
- **Insulin**
- **Glucagon kit**
- **water bottle**

### **Paperwork and Supplies required to be supplied by student's parent/guardian:**

- **DMMP (Diabetes Medical Management Plan) – this is provided by physician's office after the parent/guardian completes his/her portion of the document and delivers it to the physician**
- **Volunteer to work with diabetic form signed by parent**
- **Current insulin orders from the physician for each meal/snack, which is sometimes sent with the DMMP**
- **Medication Authorization Forms (one for insulin, one for glucagon), signed by both the parent/guardian and a physician**
- **Emergency Action Plan for student, signed by the parent/guardian**
- **ALL Students with diabetes are encouraged to have a 504 plan on file**
- **Glucagon (**one with student at all times** and extra in health office if available)**



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- Ketone Strips in health office or with student at all times
- Glucometer (one in health office **one with student at all times**)
- Test strips for glucometer (some in health office **some with student at all times**)
- Lancet Device
- Lancets (extras if needed in health office and with student at all times)
- Extra batteries for glucometer (some in the health office and **some with student at all times**)
- Snacks in health office and **with student at all times** for treating hypoglycemia (fast acting carbs and long acting carbs are both required)
- Re-useable water bottle for treating hyperglycemia
- Extra insulin that will be stored in the health office refrigerator until opened

#### **Special Considerations for Students on Pumps:**

- If student has an insulin pump, an extra set of tubing can be stored at the health office. The nurse will not be inserting the tubing, but the parent or student may insert the tubing.
- Syringes and Insulin for student who is on a pump in the event that the pump malfunctions or the students pump goes dry and the student needs to insert more insulin.