



# Eagle Express

Arlington Heights Elementary School

## Important Dates

Monday, September 30: Fall Clubs

Monday, September 30 - Walk-A-Thon Info Coming Home

Tuesday, October 1: AHE Skate Night at Western Skateland (6:30 PM)

Thursday, October 3: Flu Clinic (Forms Due by: Sept. 19)

Thursday, October 3: 4th Grade to Griffey Lake

Monday, October 7: 1st Grade to Monroe County Public Library



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### 2019 Arlington Heights Walk-A-Thon

### My Energy Kit

We will be kicking off our fifth annual Walk-A-Thon on Monday, September 30th. On Monday students will bring home a packet, which includes: a letter than explains all things Walk-A-Thon, five letters to send to family and/or friends, and a donation record sheet. Our previous Walk-A-Thons have allowed us to construct the Fitness Trail and Shelter House.

On Wednesday, October 9th the National Theatre for Children will be visiting Arlington Heights for the 3rd straight year. The National Theatre for Children has team with Duke Energy to put on performances to teach students about energy. Along with the performance families can sign up for an energy kit at [MyEnergyKit.org](http://MyEnergyKit.org). For every 100 kits requested by Arlington Heights families the school will receive \$250. The kits include light bulbs and other energy saving materials.



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Issue No. 7 -September 27, 2019

## End of the Day Dismissal

If you have a change in transportation we would appreciate it if you sent a note to your teacher's child regarding transportation changes instead of calling the office. Teachers keep track of transportation routines and are with students at the end of the day when they are being dismissed. For your child's safety we want to make sure they know how they are getting home at the end of the day and this is the best way to ensure that happens.

## Preschool Aide

We currently have an opening for a Preschool Aide.

### Qualification

Must be HIGHLY QUALIFIED, the position requires 60 hours of college credit. Early childhood education preferred, or pass a ParaPro exam. Must be able to complete all PES requirements including drug screen, TB test, CPR and First Aid certification.

If you are interested or know someone that is then please contact me at:  
mheath@mccsc.edu

## PBIS News & Notes

### The Social Skill for the week of October 30th is: Having a Conversation

#### The steps are:

- Look at the person
- Use a pleasant voice
- Listen to what the other person says
- When there is a break in the conversation, ask a question or share your thoughts

Knowing the appropriate way to have a conversation is an important life skill to learn. At home, children can practice having a conversation with family members and friends. Remind children of the skill steps. It is also often helpful to model an inappropriate way to have a conversation (no eye contact, using an unkind voice, interrupting) and then model the appropriate way to have a conversation so that children can see and hear the difference.

