

Eagle Express

Arlington Heights Elementary School

Important Dates

Friday, September 28 - Kindergarten to Peden Farms

Thursday, October 4 - 4th Grade to Griffey Lake

Monday, October 8-Tuesday, October 9 - Fall Break (No School)



[AHE Facebook](#)

[AHE Twitter](#)

2018 Walk-A-Thon

Packets for the 2018 Walk-A-Thon will be coming home with students on Monday, September 24th.

Fundraising Period: September 24-October 11

Walk-A-Thon: Friday, October 19th

More information on page 2 of the Eagle Express.

Fall Clubs

Fall Clubs are planned to take place on the following Mondays: October 29, November 5, and November 12.

Participation forms will come home after Fall Break.

Please continue reading as there is important information on Page 2.

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Issue No. 6 - September 21, 2018

2018 Walk-A-Thon

Get ready...Get set...Go....for the fourth annual Arlington Heights Elementary Walk-A-Thon! When our 320 students, staff, and family members come together, amazing things happen! Our Walk-A-Thon will be held on Friday, October 19th at Arlington Heights Elementary. Each grade level(s) will spend time walking around our Fitness Trail (which was funded by previous Walk-A-Thons), enjoying a picnic lunch, and spending time playing outside. This Fall we will be breaking ground on a shelter house that was made possible due to last year's Walk-A-Thon donations. The shelter house will be located on the playground and will serve many purposes. Donations received this year and in future years will be used to: repair playground equipment, construct an interactive outdoor learning lab, construct an outdoor classroom, purchase and install a shade sail for the playground, and resurface the outdoor basketball court and paint lines on both the basketball court and Fitness Trail. Last year the Walk-A-Thon was a huge success as we raised over \$9,000. Through the Fitness Trail, the reestablished School Garden, the forthcoming Shelter House, and the new Soccer Field it is our goal to turn the Arlington Heights Elementary grounds into a community space for all to enjoy! Adding the aforementioned shelter house, outdoor learning lab, etc. will add great educational value and opportunities for exercise to the school grounds.



Week of 9/24/18

At Arlington Heights, we use a variety of resources to help create a positive learning environment for our students. In addition to teaching Social Emotional Learning Curriculum, we teach student social skills through the Well Managed Schools resources to help them have strong peer relationships and become positive problem solvers. Starting next week, we will teach a social skill each week school wide. Each social skill has teaching steps along with additional resources to help reinforce the skill.

The social skill for next week is:

Following Directions

1. Look at the person
2. Say "Okay"
3. Do what you have been asked right away
4. Check back

Below is an article for families with some tips regarding teaching the skill of following directions.

<https://childmind.org/article/how-to-give-kids-effective-instructions/>