

# Eagle Express

Arlington Heights Elementary School

## Important Dates

**Monday, January 27: AHE Laser Lite Night (5:15-8:15)  
\$15 Wristband**

**Monday, January 27: Parent Scheduling Info Night at  
Tri-North (6-7 PM)**

**Thursday, January 30: AHE Choir Singing National  
Anthem at IU Women's Basketball Game (Tip Off at  
7PM)**

**Tuesday, February 11: Kindergarten Open House  
(6-7PM)**



[\*\*AHE Facebook\*\*](#)

[\*\*AHE Twitter\*\*](#)

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### Girls on the Run Program Registration for Arlington Heights Elementary

Team Specifics:

Meeting location: AHE - Room 2; Gym; Track

Grades: 3rd-6th

Days: Tuesday & Thursdays

Times: 4:00-5:30

First Practice Date: Tuesday, February 18th

Head Coach Name & Contact Info: Stephanie Momcilovic - [smomcilo@mccsc.edu](mailto:smomcilo@mccsc.edu)

Registration Fee of \$140 includes 20 inspiring lessons, snack, GOTR t-shirt, matter bottle, 5k entry, medal, and more!

No girl will be turned away based on financial need. Information for financial assistance is provided when registering online. You can also email [annie.stillabower@girlsontherun.org](mailto:annie.stillabower@girlsontherun.org) if you have questions.



# Eagle Express

Issue No. 18 - January 24, 2020

## PTO News & Notes

AHE Laser Lite Night - Monday, January 27th from 5:15-8:15. \$15 Wristband.

Spirit Wear - A small selection of spirit wear will be available, look for a link soon to shop for our school.

## AHE Choir

Thursday, January 30 - AHE Choir will sing the National Anthem at the IU Women's Basketball Game vs. Wisconsin. 7:00 PM Tip Off. Singers are to meet Ms. Bennett in Assembly Hall at 6:15 PM. Tickets are only \$4 when you say you're with the Arlington Choir. Come cheer on the Hoosier women and AHE Choir.

## PBIS News & Notes

Sometimes people want help. Sometimes they do not. When you see someone in need, there is a correct way to offer help.

- 1) Ask with an appropriate phrase: "Would you like help?" or "Can I help you?"
- 2) Wait for a response. This is important. Sometimes the answer is no. If the answer is no, respect the answer.
- 3) Listen to the answer, and help the person according to their instructions rather than what you want to do.

"No act of kindness, no matter how small, is ever wasted." (Aesop's Fables)

At home: Who are helpers in our community? How can you ask for help? When might you need a helper?

