



Eagle Express

Arlington Heights Elementary School

Important Dates

Friday, November 15: Family Game Night (6:30-8:00)

**Monday, November 25-Friday, November 29:
Thanksgiving Break (NO School)**

**Saturday, December 7: AHE Choir Singing at Bell Trace
and College Mall**



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Title I Distinguished School Award Finalist

Arlington Heights has been named a finalist for the Title I Distinguished School Award. Only two schools in the state are rewarded this recognition each year. In the next couple of weeks we will find out if we are one of the two Distinguished School Award winners. Congratulations to all Arlington Heights students, staff, and families!

PTO News & Notes

Game Night, November 15th from 6:30-8pm Join us for our first family game night. Games for all ages will be provided or bring your own! There will be concessions and pizza available for purchase.

In November you can receive double box tops at Pizza X. You can send in any box tops with your student. The PTO collects the Box Tops, sends them in, and receives money for the school.

There is a PTO sponsored Teacher Sprinkle on Tuesday, November 19th. An email was sent out if you would like to sign up to contribute.

PTO Meeting - November 19, 6:00 PM, AHE Library.



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Holiday Bell Concert

Holiday Bell Concert to be presented by 5th grade students in Mrs. Lukasik's and Mr. Jones' classes on Thursday, December 12. Students are to report to their class rooms for attendance at 6:15 PM and warm-up and our concert will begin at 6:30 PM.

PBIS News & Notes

It can be difficult to apologize. It can be difficult to admit that we could have made a better choice. Apologizing is important because it shows that you are sensitive to how others feel and that you are responsible. It can also help people respect your feelings in the future. This week's skill at Arlington Heights is Making an Apology.

1. Look at the person.
2. Say what you are sorry about. ("I'm sorry I said that" or "I'm sorry I didn't listen to what you said.")
3. Make a follow-up statement if the person says something to you. ("Is there any way I can make it up to you?" or "It won't happen again.")
4. Thank the person for listening (even if the person did not accept your apology).

At home: Practice the steps above using different situations. Talk about how someone might be angry with you and not accept your apology. What should you do then? How can you stay calm?

