

<b>NAME</b> Monday's date, when you started ↙↘	<b>Band period</b>							<b>Instrument</b>	<b>Total minutes</b>
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
Fill in the time in minutes after each day of practice									
Parent/instructor signature after each day of practice								Cut off & turn in each Monday.	

Get the most out of your musical experience. Recommended practice is **150 minutes / week** (30 minutes / day, 5 days per week)

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