

# policy

BOARD OF SCHOOL TRUSTEES  
MONROE COUNTY COMMUNITY SCHOOL CORPORATION

PROGRAM  
2413/page 1 of 1

## WELLNESS PROGRAM

The Monroe County Community School Corporation, in accordance with Public Law 108-265, the Child Nutrition and WIC Reauthorization Act of 2004 (Section 204 – Local Wellness Policy) has developed the following Wellness policy that:

- Includes goals for nutrition education, physical activity and school based activities to promote wellness;
- Includes nutrition guidelines for foods available;
- Assures guidelines for reimbursable school meals are not less restrictive than guidance and regulations issued by USDA;
- Establishes a plan for the implementation of a local wellness policy, including the designation of one or more persons at the school who would ensure policy implementation as deemed by the Superintendent;
- Includes guidelines for schools to provide a quality educational and recreational environment.

In addition the Corporation Physician shall be a licensed Pediatrician.

In compliance with law, the School Board may require students to submit to periodic health examinations. The Corporation shall specify the need for services which may include, but not be limited to:

- A. student physical examinations
- B. athlete physical examinations
- C. dental examinations
- D. vision screening
- E. audiometric screening
- F. Body mass index

Any health services program should also include instruction to staff members on the observance of students for conditions that indicate physical defect or disability.

The Superintendent shall prepare administrative guidelines to implement these components.